

Uitslag overzicht

25m bad

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|---------------------|------|------------------|------|---------|---------|-----|
| Bontjer Kilian | 98 : | 50m vrije slag | 8 | 39.10 | 37.39 | |
| | | 100m wisselslag | 4 | 1:34.32 | 1:33.36 | |
| Brinks Arjen | 97 : | 100m rugslag | 8 | 1:33.76 | 1:34.24 | PR. |
| | | 100m vlinderslag | 9 | 1:46.45 | 1:52.59 | PR. |
| Buurman Laura | 94 : | 100m rugslag | 13 | 1:27.11 | 1:29.09 | PR. |
| | | 100m schoolslag | | 1:37.02 | 1:30.27 | |
| | | 200m schoolslag | 6 | 3:21.39 | 3:18.53 | |
| Buurman Mariël | 95 : | 100m rugslag | 3 | 1:17.04 | 1:18.66 | PR. |
| | | 100m schoolslag | | 1:27.48 | 1:24.32 | |
| | | 200m schoolslag | 4 | 3:03.64 | 3:03.76 | PR. |
| Feimann Charlotte | 95 : | 100m vrije slag | | 1:14.88 | 1:10.90 | |
| | | 200m vrije slag | 7 | 2:32.59 | 2:31.45 | |
| | | 100m schoolslag | 14 | 1:46.31 | 1:42.70 | |
| Feimann Lisette | 92 : | 100m rugslag | Est. | 1:25.39 | 1:15.09 | |
| | | 100m rugslag | 10 | 1:25.36 | 1:15.09 | |
| | | 100m schoolslag | | 1:46.40 | 1:29.10 | |
| | | 200m schoolslag | 14 | 3:42.48 | 3:12.45 | |
| Fischer Joline | 96 : | 100m rugslag | | 1:21.70 | 1:23.20 | |
| | | 100m vlinderslag | 3 | 1:25.48 | 1:27.31 | PR. |
| van Ginkel Marthe | 95 : | 100m vrije slag | | 1:12.24 | 1:09.13 | |
| | | 200m vrije slag | 5 | 2:31.94 | 2:37.54 | PR. |
| | | 100m schoolslag | 5 | 1:30.19 | 1:28.29 | |
| Groenewold Isa | 00 : | 50m vrije slag | 18 | 46.59 | 47.15 | PR. |
| | | 100m wisselslag | | 2:00.13 | --:-- | |
| Hagting Gea | 88 : | 100m vrije slag | | 1:08.86 | 1:00.00 | |
| | | 200m vrije slag | | 2:20.92 | 2:07.04 | |
| | | 400m vrije slag | 1 | 4:42.95 | 4:30.09 | |
| | | 50m rugslag | 1 | 33.10 | 33.45 | CR |
| | | 100m schoolslag | 1 | 1:18.18 | 1:15.76 | |
| | | 100m wisselslag | 1 | 1:10.57 | 1:08.95 | |
| van der Heide Silke | 00 : | 50m vrije slag | 17 | 44.57 | 47.80 | PR. |
| | | 100m wisselslag | 13 | 1:48.72 | --:-- | PR. |
| Honken Jesper | 96 : | 100m rugslag | 9 | 1:38.93 | 1:34.58 | |
| | | 100m vlinderslag | 7 | 1:43.63 | 1:47.68 | PR. |
| Koops Pieter Jelke | 97 : | 100m rugslag | 6 | 1:30.22 | 1:29.10 | |
| | | 100m vlinderslag | 8 | 1:44.16 | 1:43.10 | |
| Kuiper Paul | 91 : | 100m vrije slag | | 1:08.22 | 58.71 | |
| | | 200m vrije slag | | 2:25.94 | 2:19.43 | |
| | | 400m vrije slag | 10 | 5:05.47 | 4:57.59 | |
| | | 50m rugslag | 10 | 34.01 | 34.08 | PR. |
| | | 100m wisselslag | 5 | 1:07.48 | 1:09.33 | PR. |
| Lutke Martin | 88 : | 100m schoolslag | 3 | 1:14.74 | 1:13.50 | |
| Lutke Richard | 91 : | 100m vrije slag | Est. | 1:02.48 | 1:02.03 | |
| | | 50m rugslag | 12 | 34.82 | 35.20 | PR. |
| | | 100m schoolslag | 4 | 1:15.56 | 1:15.45 | |
| | | 100m wisselslag | 6 | 1:08.97 | 1:10.95 | PR. |
| Manning Manon | 99 : | 50m vrije slag | 2 | 36.42 | --:-- | PR. |
| Pater Andre | 96 : | 100m rugslag | | 1:31.82 | --:-- | |
| | | 100m vlinderslag | 5 | 1:34.76 | --:-- | PR. |
| Pater Thomas | 00 : | 50m vrije slag | 13 | 55.08 | 54.26 | |

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|----------------------------|------|------------------|----|----------------|---------|-----|---------|
| Pomper Chantal | 93 : | 50m rugslag | 15 | 40.91 | 38.64 | | |
| | | 100m wisselslag | 15 | 1:26.81 | 1:23.52 | | |
| Pragt Jordy | 91 : | 100m vrije slag | | 1:04.95 | 57.54 | | |
| | | 200m vrije slag | | 2:15.80 | 2:06.46 | | |
| | | 400m vrije slag | 2 | 4:35.13 | 4:34.41 | | |
| | | 50m rugslag | 7 | 32.64 | 31.77 | | |
| | | 100m schoolslag | 1 | 1:12.22 | 1:11.73 | | |
| | | 100m wisselslag | 3 | 1:06.00 | 1:06.47 | PR. | |
| Pragt Nathalja | 95 : | 100m vrije slag | | 1:10.71 | 1:04.53 | | |
| | | 200m vrije slag | | 2:26.28 | 2:18.25 | | |
| | | 400m vrije slag | 3 | 4:57.25 | 4:57.92 | PR. | |
| | | 100m schoolslag | 4 | 1:26.45 | 1:22.89 | | |
| | | 100m wisselslag | 3 | 1:14.89 | 1:15.18 | PR. | |
| Scholte Amanda | 95 : | 100m vrije slag | | 1:14.76 | 1:10.32 | | |
| | | 200m vrije slag | 6 | 2:32.07 | 2:39.80 | PR. | |
| | | 100m schoolslag | 2 | 1:28.53 | 1:28.89 | PR. | |
| Scholte Jennifer | 97 : | 100m rugslag | 8 | 1:28.32 | 1:27.23 | | |
| | | 100m vlinderslag | 7 | 1:32.55 | 1:28.07 | | |
| de Vries Daniëlle | 91 : | 50m rugslag | 13 | 38.80 | 36.38 | | |
| | | 100m schoolslag | 8 | 1:32.13 | 1:25.19 | | |
| | | 100m wisselslag | 10 | 1:22.82 | 1:16.11 | | |
| 4 x 100m vrije slag Heren | : | Lutke Richard | 91 | Lutke Martin | 88 | 3 | 4:01.29 |
| | | Pragt Jordy | 91 | Kuiper Paul | 91 | | |
| 4 x 100m wisselslag Dames: | : | Feimann Lisette | 92 | Pragt Nathalja | 95 | 2 | 5:07.60 |
| | | Buurman Mariël | 95 | Hagting Gea | 88 | | |

Totaal 71 persoonlijke uitslag, Gemiddelde prestatie: 95,0%
 1 nieuw(e) record(s), 23 nieuw(e) persoonlijke record(s)
 Grootste verbetering: van der Heide Silke, 50m vrije slag 44.57